

Spring/Summer 2019

# WellnessViews

A Health Publication from King's Daughters Medical Center



## ***KDMC Helps Inspiring Boy Battle Rare Genetic Disorder***

*pg. 16*

**New KDMC Chaplain Loves  
His 'Cool' Job** *pg. 11*

**13 Physicians Have Given KDMC  
A Quarter-Century of Service** *pg. 20*

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# Message from the CEO



A handwritten signature in black ink, appearing to read 'Alvin Hoover'.

Alvin Hoover, FACHE, CEO  
King's Daughters Medical Center

Welcome to our Spring/Summer 2019 edition of Wellness Views!

Spring is in the air! It's a fresh new season full of flowers and all the great spring colors. We've got exciting new things at KDMC too, and we're "caring for our community like no one else can."

In this edition we introduce our new chaplain, Woody Rimes. Woody has hit the ground running, bringing love and laughter, compassion and kindness to our patients, family and staff.

The Jackson Heart Clinic at KDMC, with Harper Stone, MD, and Donny Stokes, MD, is now providing world class cardiology care right here in Brookhaven. And we highlight our physicians who have been serving our community for 25 years or more.

We also boast about our sixth A in a row from The Leapfrog Group for patient safety. And for the sixth year in the last seven, another Best Places to Work in Healthcare Award. We've created a great team at KDMC, and we've dedicated ourselves to ALWAYS getting it right, taking the best care of you, with compassion and respect.

When you're our patient at KDMC, you become part of our family. We want to treat every one of you as God's special creation. That's the beginning of healing, and after all, healthcare in its most basic form is about making people feel better. You deserve our very best!

Thank you for choosing KDMC!

***Providing quality health and wellness in a Christian environment.***



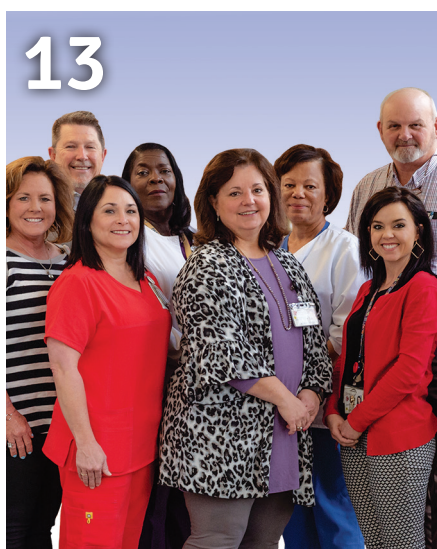
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# Chief of Staff

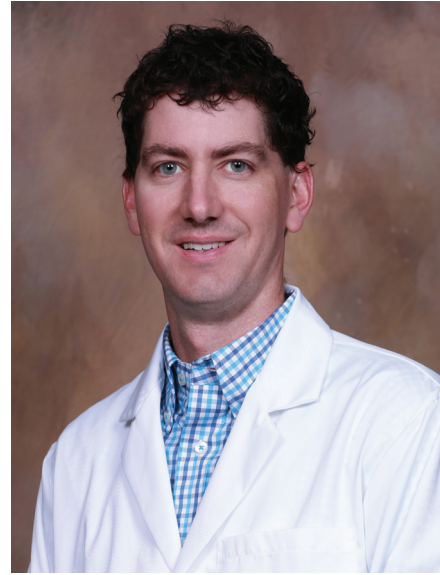
## A Message from Joshua Iles, MD KDMC Chief of Staff

Serving and caring for our community with dedication and a commitment to excellence are what King's Daughters does best. Our administration, physicians and staff are committed to taking care of our community like no one else can.

Our administration has a progressive mindset, and physician recruitment never stops. They are continually searching for physicians that fit our community and hospital. For example, adding a new specialty service and partnering with Jackson Heart Clinic bring professional cardiac services and screenings into the heart of Lincoln County.

Once again, KDMC was recognized as one of the Best Places to Work in Healthcare by *Modern Healthcare* publications. This marks six out of the past seven years we have received this award. It is our employees that make the difference, and it shows every day. No matter if our patients are in the hospital or clinics, the employees' dedication to taking care of our community shows.

This past year we have had some exciting things happen. We opened up KDMC Behavioral Wellness Center with David Richardson, MD, and his staff as well as KDMC Vision Center with Worth Simmons, MD, and his team. We are also happy to have Giles Langston, MD,



a Brookhaven native, joining our ER staff in late summer of 2019. The additions of the aforementioned clinics and physicians, and our dedicated staff, help make KDMC a shining light for healthcare in southwest Mississippi.

Our mission is "providing quality health and wellness in a Christian environment." This is the driving force behind this organization. You would be hard-pressed to find a single employee that cannot recite our mission statement. I believe this is a major reason why we are continually recognized as among the Best Places to Work. Our community's healthcare is important to all of us because it's important to you.

Joshua Iles, MD  
Chief of Staff







# CARING FOR OUR COMMUNITY LIKE NO ONE ELSE CAN

Emotional and psychological problems have treatments, just like any other health issue. Still, you might not know how to find out what's right for you. We understand. That's why we created the KDMC Behavioral Wellness Center. Our staff has decades of experience, so we've seen how behavioral difficulties can affect someone's life. We can help. **KDMC, caring for our community like no one else can.**



**KING'S DAUGHTERS**  
BEHAVIORAL WELLNESS CENTER

Crystal Willson, PMHNP-BC  
David Richardson, MD  
Katherine C. Flynn, PMHNP-BC

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## ROOM NAMES AT ENDOSCOPY SUITES

# Honor

## PEOPLE WHO CARE



**In 2016, King's Daughters Medical Center saw an opportunity to expand healthcare in its region. It repurposed six patient rooms and two operating rooms into the Willing Hearts Circle Endoscopy Suites. That name has a heartening story behind it. So do the names of the six patient preparation and recovery rooms.**

In the suites, physicians use a flexible, lighted tube called an endoscope to perform colonoscopies. They screen for colorectal cancer and diagnose other colorectal problems.

To finance the project, KDMC turned to the KDMC Foundation. The Foundation agreed to donate \$225,000. It created a fundraising opportunity for individual contributors to name the rooms.

"It takes great people to have a great hospital," said Foundation Director Jeff Richardson. "These benefactors are wonderful supporters of King's Daughters Medical Center and the KDMC Foundation. We are proud of all they continue to help us accomplish, and we are grateful for the legacy of healthcare they've given to patients now and in the future."

"By placing a name on a room at our hospital, individuals and entities not only give back to the cause of KDMC, but they also honor wonderful people for a long time to come. This is such a wonderful, heartfelt way to give back even more to the community. Words cannot express how special each of these are."

### Here are the room names:

#### **Chuck Smith, Room 325**

Shelby Chuck Smith, a U.S. Army veteran, owned Smith's Machine & Welding. His widow, Pat, is a member of both the KDMC and KDMC Foundation boards.



"Chuck was an amazing husband, father, grandfather and friend," Pat said of the gift from her family. "He was always thinking of others and what he could do for them. When Mike, Chad and I were thinking about something in his memory, we knew he would want it to be a gift that would help others in some way. The endoscopy suite will do that."

### **Roberta Johnson, Room 326**

The KDMC Auxiliary Gift Shoppe donated to honor Roberta Johnson. She joined the Willing Hearts Circle in 1987 and held various Circle and KDMC Board of Trustees offices. She was the Chairman of the Silver Cross Board and the KDMC Auxiliary.

"Mrs. Roberta was a special lady," said KDMC Gift Shoppe Manager Vicky Goza. "She was always willing to give her time, and she meant so much to the Auxiliary and Gift Shoppe. We were pleased to name a room in her memory."

### **Silver Cross Foundation, Room 327**

The Silver Cross Foundation made a major contribution to the project. As a result, the suites as a whole were also named after the ladies of the Willing Hearts Circle, who oversee the Foundation and its important work.

"We were so happy to help provide this to our hospital," said Sarah Foster, Chairman of the Silver Cross Foundation when the suites were built. "KDMC is a special place, and Silver Cross Foundation is proud to be a part. The endoscopy suites provide a wonderful service to our community, and we're proud to have our name on one of the rooms."

### **Drs. Caleb and Natalie Brown Herndon, Room 328**

The Herndons operated the Herndon Eye Clinic and Brookhaven Optical for more than 35 years. Their family, which made

the memorial donation, says Dr. Natalie Herndon often quoted Isaiah 40:31: "Yet those who wait for the Lord will gain new strength; they will mount up with wings like eagles, they will run and not get tired, they will walk and not become weary."

Dr. Caleb Herndon's favorite Bible verse was Luke 12:48, which counsels that to whom much is given, much is required. He would say, "Always make yourself available, at any time day or night, to people in need."

### **Dott Cannon, Room 329**

Room donor Dott Cannon has been a major supporter of KDMC for 50 years. She has served through the Willing Hearts Circle, the KDMC Board of Trustees, Silver Cross and the Kingsborough Apartments. In 2010, the International Order of King's Daughters and Sons recognized her with the Founders Award.

Cannon has said, "We're one of the largest employers in our county, and our hospital is a vital part of the community. We've made so much progress, and we always try to be the best we can be. It's a super place."

### **Cortez and Barbara Byrd, Room 330**

Cortez and Barbara Byrd grew up in the West Lincoln area of Brookhaven. They were high school sweethearts and married in 1957. They have lived a life of love and devotion to each other and the Lord Jesus Christ. Cortez Byrd has had a very successful career for 60-plus years in the forest products industry. Barbara has supported him all the way.

For a couple who loves our community like the Byrds, giving to KDMC was a natural fit.

Six rooms. Six names. Six inspirational stories of caring.

## **Early Screening Can Save Lives**

**Cancer of the colon and rectum is the second deadliest cancer among U.S. adults. Recently, there has been a sharp rise in colorectal cancer cases among adults younger than age 55. In response, the American Cancer Society (ACS) has issued new guidelines as of 2018 for colorectal cancer screening:**

- For people at average risk for colorectal cancer: Screening should start at age 45. In previous guidelines, the starting age was 50.
- For people at high risk for colorectal cancer: Screening may need to start sooner, as recommended by your healthcare provider.

**Factors that increase your risk include:**

- A personal history of colorectal cancer, certain polyps (noncancerous growths that may turn into cancer over time) or inflammatory bowel disease
- A strong family history of colorectal cancer

**Talk to your primary care provider about getting screened for colorectal cancer.**

## **Learn More**

**For more information on current projects and programs needing your support, please contact Jeff Richardson at**

**📞 601.835.7900**

**or visit**

**🖱️ [KDMC.org/Give](https://www.kdmcc.org/give)**



# A BIRTHDAY

## PARTY EVERY MONTH

KDMC employees work hard. That means special recognition is something that is not only welcome but much needed. For years, KDMC honored its employees at monthly birthday lunches. When the costs of sponsoring these lunches continued to grow, KDMC needed help to keep them going. So the medical center turned to one of its most faithful corporate partners, Bank of Brookhaven.

Everyone in our area has seen the Bank of Brookhaven logo on scoreboards, fences, T-shirts and even downtown walls. Brookhaven's "only home-owned bank" supports many local causes that make our community such a great place. When asked if it could help, the answer was a resounding "YES."

"We love our hospital and KDMC clinics," said Bill Sones, Chairman of the Board and founder of Bank of Brookhaven. Sones has served the hospital well as a member of the hospital Board of Trustees and a vocal supporter. "Healthcare is not only an important part of the quality of life but is crucial to business leaders so that we can have a vibrant economy. KDMC does an exemplary job providing that care."

Each month, Bank of Brookhaven financially supports the luncheon that honors all of the KDMC employees who have birthdays during that month. Bank of Brookhaven President Shannon Aker is there each month to offer his support of our employees. "We have a great time, and we get to tell these employees how much we appreciate them. It's really about giving them the recognition they deserve for a job that is very well done." Aker's wife, Robyn, is the current Chairman of the hospital Board of Trustees and a member of the KDMC Foundation Board. Supporting KDMC is really a family affair.

KDMC CEO Alvin Hoover asks each employee to give their name, their birthday, how long they have been with KDMC and what they like to do in their spare time. "It gives us another opportunity to get to know each other personally. That's important. The more we know about our co-workers, the more we enjoy our jobs. We can't thank Bank of Brookhaven enough for sponsoring our birthday lunches."

Birthday cakes are homemade and provided by some of KDMC's finest bakers. And after a tasty piece of cake, Betsy Smith, KDMC board member, leads the birthday party through some brain teaser games.

At the end of a lunch hour of food and fun, it's back to work. However, there is an extra spring in their step and smile on their faces—thanks to Bank of Brookhaven.



L-R: Robb Massengill, Bank of Brookhaven Chief Financial Officer;  
Bill Sones, Bank of Brookhaven Founder and Chairman of the Board;  
Shannon Aker, Bank of Brookhaven President





**Harper Stone, MD**



**Donny Stokes, MD**



## Jackson Heart Clinic Partners with KDMC to Open New Office in Brookhaven

Both Harper Stone, MD, and Donny Stokes, MD, are excited about being the primary providers at the Jackson Heart Clinic office in Brookhaven, which opened in November 2018. Dr. Stone and Dr. Stokes see patients 8 a.m.-5 p.m. on Mondays and Wednesdays.

"This is the best medical community for a small town in our state," Dr. Stone said. "Brookhaven has a great team of physicians. When they refer patients to Jackson Heart Clinic, they do such a superb job providing us with the right diagnosis and getting patients to the right spot."

### Outpatient Visits

Jackson Heart Clinic opened its Jackson office in March 1973. Along with the Jackson and Brookhaven offices, Jackson Heart Clinic also has offices in Flowood and Madison. CEO Stephanie Carr said the Brookhaven office offers outpatient clinic visits, stress tests, echocardiograms, nuclear scans and CT scans. For more extensive procedures,

patients travel to the Jackson office.

"The staff here at King's Daughters Medical Center has been so welcoming," Carr said.

KDMC has referred patients to the Jackson Heart Clinic for years. "One of my biggest referral bases, outside of Jackson, is Brookhaven," Dr. Stone said. "Now patients from the community can get top-quality cardiac care close to home."

### Board-Certified

Dr. Stone is board-certified in internal medicine and cardiovascular disease and licensed in nuclear medicine. He chairs the Jackson Heart Foundation, which he helped form in 2009. He organized the Mississippi Healthcare Alliance in 2010 to improve cardiovascular care in the state and has been President since the alliance's inception.

Dr. Stokes began his medical career as a combat medic in the Mississippi Air National Guard. He became a registered

nurse and was called to active duty with the U.S. Army Reserve during the Gulf War in the 1990s. He received his medical degree in 2004. He is board-certified in internal medicine and cardiovascular disease, and is a member of the American College of Cardiology.

"I am overwhelmed by the support and positive response from the medical staff at KDMC and all the physicians in Brookhaven and surrounding communities," said Dr. Stokes. "I appreciate everyone for trusting me to care for them and their loved ones."

### Learn More

To schedule an appointment at Jackson Heart Clinic, call

 **601.835.9359**

or visit

 **KDMC.org/Cardiology**



# Volunteers Give Much to KDMC, *Get Back a Lot Too*

**Volunteers play a crucial role at King's Daughters Medical Center. They do everything from answering phones to keeping patients comfortable in the Emergency Department. As much as they give, KDMC volunteers get back even more.**



L-R: Shirley Sandifer, Volunteer; Alicia Hawkins, Volunteer; Gloria Sias, Volunteer

"Volunteering makes you feel appreciated and needed," said Volunteer Services Coordinator Alicia Hawkins. "You get to meet new people and make new friends. You can use your skills and learn new skills."

A KDMC volunteer put it this way: "I feel great when I have the opportunity to help someone. In fact, I have found the feeling can be addictive."

## **Some Just Want to Talk**

Volunteers work in the gift shop, help with special events and projects, or simply pray with patients. "A lot of the patients just want someone to talk to," Hawkins said.

Qualifications are simple, she said: "Someone that has a heart, that's caring, that's going to be able to minister to people and listen to them." Potential volunteers are asked to fill out an application form. Hawkins then matches their skills and interests with KDMC's needs.

Hours are 8 a.m. to noon and 1 to 5 p.m. Monday through Friday. Volunteers can usually pick the shifts within those hours that work best for them.

## **26 Years of Volunteering**

About 25 volunteers currently serve. Some come in for just a couple of months each year. Some have been lending a hand every week for years. Ruth Prather is the reigning volunteer queen: She has been helping KDMC for 26 years.

"I love what I do," Hawkins said. "The volunteers and myself treat each other like a big family. They take care of me, and I take care of them."

The volunteers love their service as well. "I want the way I live my life to make a difference," said one. "Volunteering has provided me a significant way to do just that."

## **Learn More**

To learn more about volunteering,  
call Alicia Hawkins at

 **601.835.9181**

or visit

 **KDMC.org/Volunteer**





# NEW KDMC CHAPLAIN LOVES HIS 'COOL' JOB

**Dr. Woody Rimes, the new Chaplain at King's Daughters Medical Center, spends his work time connecting with all kinds of people on both a personal and a spiritual level. "I get to do this every day, Monday through Friday," he said. "Isn't that cool?"**

Rimes came to KDMC in November 2018. Before that, he spent 32 years, pastoring churches in Louisiana and Mississippi. He served for the past 10 years at First Baptist Church in McComb, Mississippi, as their senior pastor. He and his wife, Julie, have five adult children and eight grandchildren, with another grandchild on the way.

He is a Mississippi native who grew up in Magnolia and worked as an electrician before being called to the ministry. While attending New Orleans Baptist Seminary in 1986, he met Kenneth Kirk, whom he succeeded as KDMC Chaplain. Kirk passed away in August of 2018. "Everybody loved him," Rimes said. "He was a great guy!"

At KDMC, Rimes' daily routine is to minister to and encourage both patients and employees. "My goal is to pray with every patient that I come in contact with and encourage the staff as they take care of our patients. I make it a point to select a Scripture or a word of the day to share throughout the day. As I Thessalonians 5:11 says, 'Encourage one another and build one another up.'"

## **'I Love People'**

Rimes said, "Each day brings me joy because I love people. That's why I love my job. Every door is like opening up a Christmas gift every day. You never know what you'll find inside. You learn so much about people if you really take the time to listen to them."

You can see the joy and smile on his face as he walks the hallways meeting and greeting those he comes in contact with. "I try to stick my head in every room," he said.

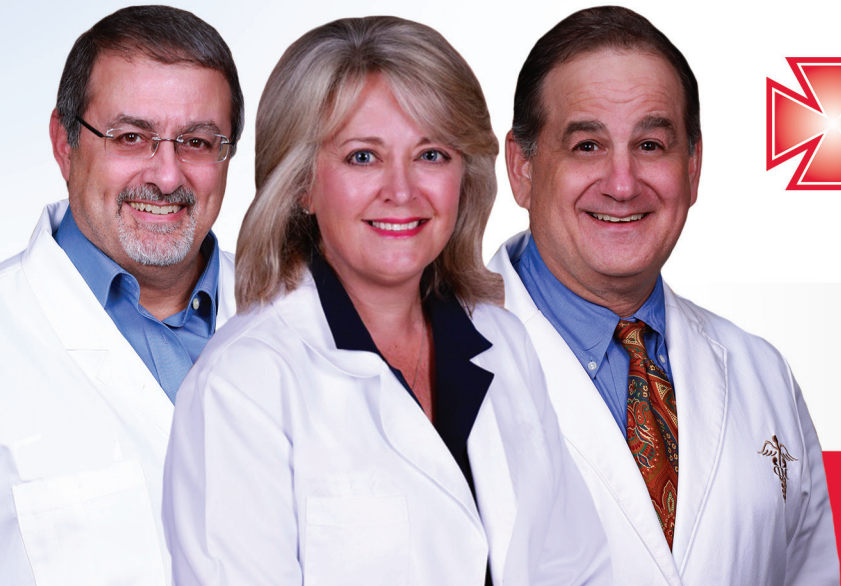
As he makes his way through the hospital he strives to be part of the team to live out the mission of KDMC – "providing quality health and wellness in a Christian environment."





# CARING FOR OUR COMMUNITY LIKE NO ONE ELSE CAN

At the KDMC Specialty Clinic, our specialty is you. Our success is measured in keeping you healthy for a longer and more vibrant life. We listen closely. We treat you with respect and dedication every step of the way. Why? Because your health is personal to us. **KDMC, caring for our community like no one else can.**



**KING'S DAUGHTERS**  
SPECIALTY CLINIC

Craig D. Berteau, MD  
Dena W. Jackson, MD  
Ray Montalvo, MD

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# Modern Healthcare BEST PLACES TO WORK™ 2018

## KDMC Credits Employees for 'Best Places to Work in Healthcare' Honor

**For the sixth time in seven years, King's Daughters Medical Center won recognition in 2018 as one of Modern Healthcare magazine's Best Places to Work in Healthcare. That string of awards resulted from KDMC embracing its employees as partners in serving their community.**

"We want to be an employer of choice," said Celine Craig, Chief Human Resources Officer. "That is a task Alvin (Hoover, the CEO) gave me when he came in 2008: to be the healthcare employer of choice in southwest Mississippi.

"Our employees worked hard and joined forces to help us get there," Craig said.

### Voted On by Employees

Modern Healthcare Editor Aurora Aguilar said, "This year's best places to work, voted on by the employees themselves, exemplify what it takes to maintain dedication and satisfaction among the employees, and that is the key to good patient care."

Craig said employee satisfaction grows out of KDMC's mission.

"We try to live out our mission statement every day: providing quality health and wellness in a Christian environment," she said. "Our employees readily step up to the plate. We are never going to be perfect, but we will strive for that always."

KDMC shows employees that it truly cares about them. Luncheons for those with birthdays each month give employees a chance to talk with senior leadership and Board members. At an annual employee appreciation day, ladies from the Willing Hearts Circle bring desserts for everyone. A Bright Ideas Program encourages employees to suggest better ways of doing things.

### 'Piece of Ownership'

Craig said "Our employees are onboard with us in thinking of KDMC as not just a place where they come to work, but a place where they have a piece of ownership."

Positive workplace energy makes a huge difference. "If we can always be helpful, positive and respond with a smile it helps everyone feel better," Craig said. "In turn, that helps us give our patients the very best care.

"It's not any one of us by ourselves that can make this place great. It takes all of us."



# *KDMC's Proactive Approach to* PATIENT SAFETY EARNS STRAIGHT A'S



NATIONALLY RECOGNIZED

A

2018

LEAPFROG  
HOSPITAL  
SAFETY GRADE

**"What we do best, is mitigate potential errors so they do not happen,"**  
**Meridia Johnson, Director of Quality**

Johnson and her team spend a lot of time thinking about possible accidents and errors, and how to prevent them. That's a big reason why King's Daughters Medical Center has received the A Grade Hospital Safety Score from The Leapfrog Group six times during the past three years.

Her department has many responsibilities, including performance improvement and regulatory compliance. Research by Brianna Standberry, KDMC's Quality Data Analyst, supports those efforts. Standberry also works with Johnson to supply required information to government agencies.

## Spring and Fall Scores

The nonprofit Leapfrog Group uses data from several sources to compile hospital safety scores that it releases in spring and fall each year. KDMC has received straight A's from 2016 through 2018, spring and fall.

"We emphasize that patient safety itself is everyone's responsibility," Johnson said. "We start off presenting patient safety requirements at hospital orientation, where I explain our standards and give examples of safety events that have happened in the past."

Patient safety topics are also discussed during employee communication meetings, on posters and bathroom signs for the staff, and in Johnson's regular rounding with nurses, therapists, technicians and other staff.

## Honest Answers

KDMC encourages patients to respond honestly to the federally mandated patient satisfaction survey, known by the initials HCAHPS. "We want to obtain honest feedback to see where we stand and if there are areas we need to improve on," Johnson said.

KDMC listens to that feedback. "One patient submitted a concern about our doors in the Emergency Department and the need for privacy, Johnson said. "Our team evaluated the issue and corrected it right away."

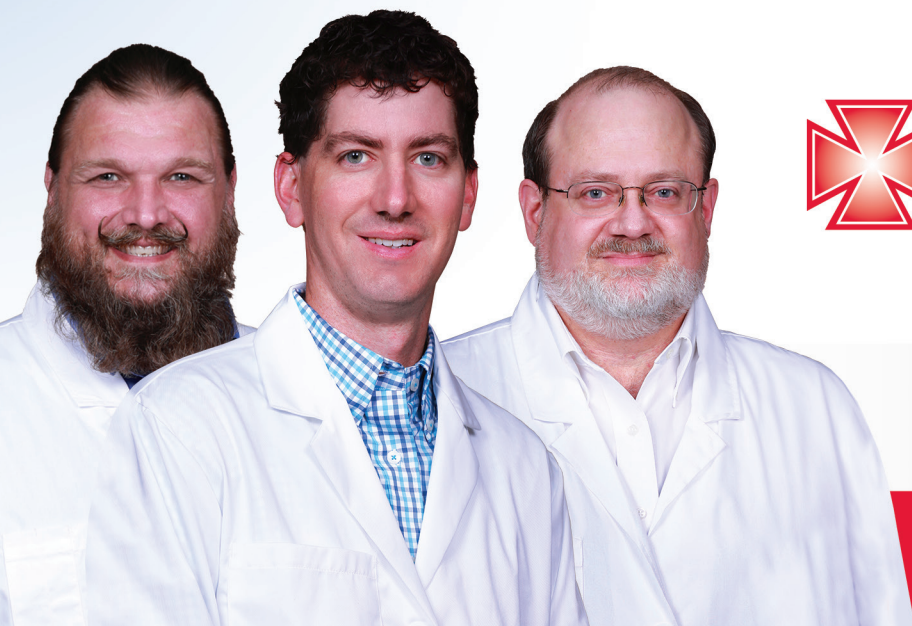
KDMC truly makes patient safety part of its culture. "Everyone," Johnson said, "is on the same team here."





# CARING FOR OUR COMMUNITY LIKE NO ONE ELSE CAN

We really have two patients at KDMC Pediatric and Adolescent Clinic: your child and you, the parent. Our pediatricians and pediatric nurse practitioners understand your concerns. We communicate, so you and your family get the reassurance you need. After all, it's our community too. **KDMC, caring for our community like no one else can.**



**KING'S DAUGHTERS**  
PEDIATRIC AND  
ADOLESCENT CLINIC

Timothy Shann, MD • Josh Iles, MD  
Mitch Holland, MD

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**KDMC HELPS**  
***INSPIRING***  
**BOY BATTLE RARE GENETIC DISORDER**





**JT Pendley plays like any other 10-year-old boy – hard. He competes in soccer and T-ball. Sometimes he breaks into a run just for the joy of it. He likes attending Cub Scout meetings and his fourth-grade classes, and loves to joke around. Recently he achieved a milestone: carrying his own school lunch tray.**

That may not seem like much of an accomplishment, but he worked hard to be able to carry that tray. Everybody in the world experiences challenges. JT faces a big one: a very rare congenital chromosomal disease that has caused serious muscular weakness over his entire body.

It makes simple tasks like walking or even brushing teeth exceptionally difficult. JT can't talk easily or clearly because his facial muscles are weak and his vocal cords are paralyzed. He can manage only the faintest of facial expressions.

## Just a Normal Kid

For him, that's just life. He doesn't mope; he copes. He's intelligent. He figures out how to do things and how to fit in. He just wants to be treated as a normal kid.

For his parents, he is a "blessing."

For the rest of us, he's amazing.

JT was born with an abnormality in a gene called tubulin beta 3, or TUBB3. "That gene encodes for a particular protein that helps ensure that the nerves can grow from the brain and the spinal cord to the rest of the body," said Timothy Shann, MD, JT's pediatrician at King's Daughters Medical Center. "It's kind of like a conduit that helps your nerve get to the place where it's supposed to go."

JT's "conduits" haven't developed properly. So the nerves that should be controlling his body haven't developed as they should.

## A Circuitry Problem

"He can't get the computer, his brain, hooked up to everything else," Dr. Shann said. "The brain is normal, but when his brain sends out messages to try to tell his muscles to move, the messages don't arrive." There aren't enough nerve pathways to carry those messages. The disorder affects his hearing and eyesight as well.

The condition is so rare that doctors couldn't figure out what it was until JT was 6. He and his parents finally spent a week at the National Institutes of Health near Washington, D.C., for head-to-toe tests. The eventual diagnosis: a deficiency in just one of the 25,000 proteins in the TUBB3 gene.

When JT was born, five weeks premature and weighing 7.5 pounds, he had no muscle tone. His tiny hands and feet were clenched tight. The Neonatal Intensive Care Unit had to apply braces for two weeks just to unclench his body.

## Network of Specialists

JT first saw Dr. Shann when he was 4 years old. The doctor, a board-certified pediatrician, has helped many children with genetic disorders during his decade-plus of practice. He coordinates their care with specialists at institutions all over the country.

"I love children and helping people," Dr. Shann said. "Growing up as a preacher's son, I was always involved in children's ministry."

The completion in 2003 of the Human Genome Project, which mapped every human gene, made the diagnosis of

JT's condition possible. As new genetic sequencing becomes available, Dr. Shann and physicians around the country can run new tests on their patients. These results are shared in order to increase the pool of knowledge about the conditions they're treating.

"Once we understand the genetics," Dr. Shann said, "that's when we start understanding the therapy."

## His Own Sign Language

JT has actually created some of his own therapy. A tracheostomy – a tube in his throat – and the vocal cord paralysis make it difficult for him to speak. So at a young age, JT taught himself hand movements that amount to a slang form of sign language. He created signs for "hungry," "thirsty," "no more" and other basic communications.

Thanks to his speech therapist and a special valve in his trach that helps him talk, he can now formulate words well enough that he seldom needs his sign language.

When he was born, he made almost no sounds at all. "The best birthday present I ever got was on September 7, 2008,



Timothy Shann, MD, Pediatrics



when JT cried for the first time on my birthday,” said his father, Terry Pendley. “It made me cry, too.”

After that, JT started doing some typical baby babbling. When he was about 3, he said his first word: “Na-na,” meaning “Mama.” That inspired another round of happy tears, especially from Mama, Deana Pendley.



## ‘What I Do Best’

“I see a lot of children in our community with special needs,” Dr. Shann said. “The reason I am at KDMC is so I can do what I do best: care for these children in our community when they need me and help coordinate their plan of care with other professionals that specialize in caring for their particular disorder.”

These days, he sees JT only when the youngster is sick. Because of his poor muscle tone, he can’t cough up phlegm, so his biggest risk is an infection. Fortunately, he stays pretty healthy.

“He is his own book,” Dr. Shann said. “He is unique. We are going to push every day. We won’t give up. We will keep on pushing.”

KDMC therapists work with JT twice a week, once in the clinic and once at Brookhaven Elementary School. Physical

Therapist Megan Kellum has been treating him since he was 2. Occupational Therapist Ashley Choudoir has been helping him since she arrived at KDMC six years ago.

## Tying His Shoes

Kellum works on his gross motor skills, balance and strength, trying to help him walk better and move his legs normally. Choudoir works on fine motor coordination and visual motor coordination – getting his hands and eyes to work together. With her help, he is learning to tie his shoes, button his buttons and brush his teeth.

Actions that most of us do unconsciously, without thinking, can present an enormous challenge. Such a simple thing as carrying a lunch tray actually involves a great many components. “To do this,” Kellum said, “he has to be able to control his movement, have hand and arm strength to hold his tray, and have the ability to visually scan the room so he doesn’t run into anything.”



Terry, Deana and JT Pendley

She and Choudoir both helped him achieve that goal. Each session, they work on stretching his joints and muscles in addition to overseeing specialized therapies focused on specific tasks or objectives. They also give him exercises and stretches to do at home every day.

“He is his own book. He is unique. We are going to push every day. We won’t give up. We will keep on pushing.”

— Timothy Shann, MD

## It Takes Consistency

“It takes the consistency of him doing the same thing over and over for him to get the muscle memory to do certain things,” Kellum said. “He has learned to do so much since we started working with him.”

His therapists like JT, and he likes them. “He is a good kid, and he has a positive attitude,” Kellum said. “He is just a 10-year-old boy through and through. Loves to play. Loves to run. He is fascinated with trucks.”

He can’t drive a truck, yet, but he does pilot his kid-size four-wheeler around his neighborhood, with his dog riding shotgun.

“He is always laughing and cutting up,” Choudoir said. “He is a jokester and tries to pull one over on us sometimes, so we have to be on our toes.”

## Limited Expressions

Not everybody recognizes JT’s playful nature. “It is hard for most people to tell when he is laughing or joking since he has such limited facial expressions due to lack of muscle movement in his face,” Kellum said. “But we have worked with him for so long that we can usually tell when he is joking pretty quickly.”



JT has confidence in his therapists. "It is really important for the kids to feel comfortable with you and trust you, and that takes time," Kellum said. She and Choudoir work together with Dr. Shann and others at KDMC toward consistent long-term goals for JT. "We all stay informed on what is going on with him," she said.

When Dr. Shann first saw him at age 4, he couldn't walk. He learned to get around with the aid of leg braces and will need them the rest of his life. With the help of braces JT graduated to a walker, and then switched to a shopping cart because he liked it better. Now, he tries to walk without help as much as possible.

"They make him use his walker at school even though he doesn't like to because he does have a tendency to fall sometimes, which can scare others," said his mother. "But he is strong and usually laughs it off when he falls."



## Loves the Zamboni

JT says he likes school – especially recess and PE. He loves sports, particularly the ones he can play, like soccer and T-ball. He also loves going to hockey games,

but mostly to watch the Zamboni ice resurfacing machine, not the game itself.

"They are really good to him at school – the teachers and the other students," Deana said. "They all are used to being around him and do not treat him any differently than any other child."

In second grade, JT won a PE award because one day he tossed aside his walker and ran across the field. "The coach and all of the students were amazed," Deana said. He actually finds it easier to run than walk. The momentum he generates helps overcome his balance problems.

JT's condition has obviously affected his parents and his siblings, Taylor, Sallie and Julia – but, they say, for the better. When Taylor and Sallie were assigned school papers about what had influenced their lives the most, they both wrote about JT. They even brought some of his medical equipment to show their friends.

## Making His Own Future

As for JT's future, there is always an outside chance that one day, his nerves and muscles may work pretty much like everyone else's. However, in the meantime, he is not just waiting around for that to happen. He's pushing his little body to do everything it can TODAY – plus a little bit more. Every day, just a little bit more.

He is building himself a productive, satisfying life. If those nerves migrate, great. If not, then he'll do just fine anyway.

JT has a gift for all of us. He received that gift from Dr. Shann, from his KDMC therapists and other caregivers, from his parents and siblings, from his teachers and his friends. Now, by his example, he's passing it along to everyone else.

That gift is hope.



## Learn More

To schedule an appointment at the KDMC Pediatric and Adolescent Clinic, call

 **601.823.5204**

or visit

 **[KDMC.org/Pediatrics](https://www.kdmcc.org/Pediatrics)**





# Physicians

HAVE GIVEN KDMC A  
QUARTER-CENTURY  
OF SERVICE

You could call them the “tenured physicians.” These 13 caregivers have each given more than 25 years of service to King’s Daughters Medical Center and the KDMC community. Here’s a closer look at these preeminent doctors.





**Jeffery Boyd, MD**  
Urology · 29 years

Dr. Boyd, a board-certified urologist, has been Chief of Staff at KDMC and head of the Surgery Committee. He pays attention to all aspects of his work. "My motto is, 'Run your practice,'" he said.

He played tennis avidly for several years and now golfs at Brookhaven Country Club. He has enjoyed ski trips organized by First Baptist Church Brookhaven, where he has been a deacon. He and his wife, Nancy, have three children and twin grandchildren.

"I love the small-town aspect of Brookhaven," he said. "And we have a local hospital as good as any large medical center."



**Robert Britt, MD**  
Pathology · 26 years

A native of Brookhaven, Dr. Britt is a board-certified pathologist who enjoys the collaborative nature of his specialty. He works as the "doctor's doctor" to help diagnose patients so the primary care physician can create a treatment plan.

For the past 25 years, he has been Director of the Medical Laboratory Technology program at Copiah-Lincoln Community College.

Dr. Britt is active with First United Methodist Church in Brookhaven. He enjoys gardening, spending time with his family (he and his wife have raised three children) and traveling.



**David Carner, MD**  
General Surgery · 38 years

Like many at KDMC, Dr. Carner, who is board-certified by the American Board of Surgery, feels that his career chose him. "It's really satisfying to change the course of someone's disease," he said. "I believe strongly that it's what I was called to do."

He grew up in India, received his undergraduate degree in Kentucky, attended Tulane University School of Medicine in New Orleans and came to Mississippi to finish his medical training. His practice now centers on dialysis access.

At home, he enjoys family time with his wife, children, grandchildren and dog.



**James "Jim" E. Hall, MD**  
Ophthalmology · 41 years

of 46 years, Ethel Valerie Campbell, have three children and four grandchildren, with another on the way.

He is a board-certified ophthalmologist and a former Chief of Staff at KDMC. He cherishes "the wonderful joy of caring for so many friends and kind people that I see here in this special place called Brookhaven."

Dr. Hall has been active with the Brookhaven Kiwanis and Civitan clubs and with St. Francis of Assisi Catholic Church in Brookhaven, where he is a former Parish Council President. He and his wife



**Mitch Holland, MD**  
Pediatrics · 30 years

Dr. Holland donates his time to perform physicals for student-athletes and was instrumental in helping KDMC achieve Baby-Friendly certification in 2019. He and his wife, Lisa, have five children and five grandchildren.

"I'm doing what I love in a small-town practice," he said. "I enjoy taking care of my patients from newborn to teenager and watching them grow in the community."



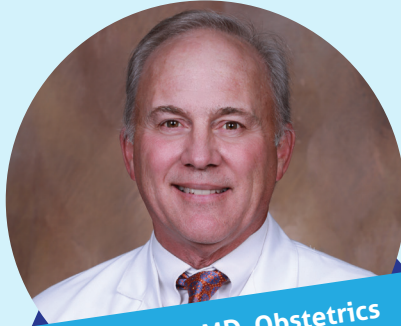


**Braxter Irby, MD**  
Nephrology · 41 years

Through radio spots and talks to high school students, Dr. Irby has educated the public about diabetes, hypertension, nephrology and the medical profession in general. He has been a member of the Brookhaven Academy Board of Trustees and served as President.

He has been President of the Southern Medical Association, a member of the Renal Care Group Advisory Board, a member of the Information & Quality Healthcare Board of Directors and a University of Mississippi Guardian Society Medical Division Honoree of the Year. At KDMC, he has been Chief of Staff and a member of the Board of Trustees. He is board-certified in internal medicine.

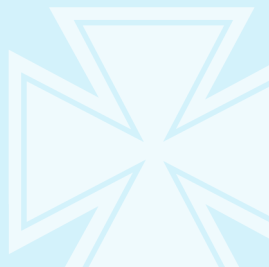
He enjoys playing golf, hunting and spending time with his family.



**Steve Mills, MD, Obstetrics and Gynecology** · 30 years

Dr. Mills, board-certified in obstetrics and gynecology, said he loves being able to practice "big city medicine in a small town setting" at KDMC.

He teaches Sunday School at First Baptist Church Brookhaven. He and his wife, Juli, have gone on foreign mission trips to Honduras and Kenya. "We have been very happy here in Brookhaven," he said. Contributing to that happiness are six children and six grandchildren.



**Ed Moak, MD**  
Internal Medicine · 35 years

Dr. Moak, board-certified in internal medicine, practices with brother Joe Moak Jr., MD. He is a longtime member of the American College of Physicians, has been Medical Director at Countrybrook Living Center since 2002 and is area Medical Director for Compassionate Care Hospice.

He has been a consultant, advisory board member and speaker for pharmaceutical companies, including currently for the new heart failure drug Entresto. *Annals of Internal Medicine* has published his academic research.

He and his wife, Patti, a registered dietitian, are the longest-serving members of the Krewe of Ceres, sponsors of the annual Charity Ball. They have three adult children.



**Joe Moak Jr., MD, FACP**  
Internal Medicine · 37 years

At the Moak-Massengill Clinic, Dr. Moak, board-certified in internal medicine, works with brother Ed Moak, MD. At KDMC, Dr. Joe Moak is a former Chief of Staff and former director of the Intensive Care Unit and Emergency Department. His son (he also has two daughters) and daughter-in-law are also physicians: Joseph Samuel Moak III, MD, and Allison Boemer Moak, MD.

Dr. Joe Moak Jr. attends St. Francis of Assisi Catholic Church, volunteers with Habitat for Humanity and is involved with Brookhaven Recycles. He is an active parent at Brookhaven Academy and Girl Scout Troop 54.

He offers this advice to fledgling doctors: "Take a chance on a small town with a robust medical community, because the overall rewards are enormous, and you will certainly make a difference for the care of the people you get to know."

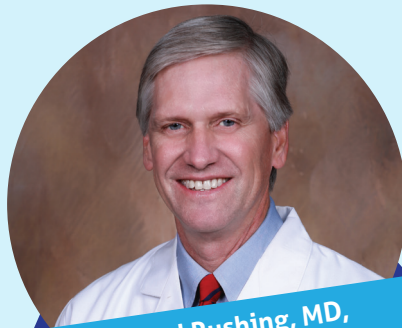




**Ray Montalvo, MD**  
Internal Medicine · 26 years

A former KDMC Chief of Staff, Dr. Montalvo is board-certified in internal medicine and co-chairs the state Medicaid Drug Utilization Review Board. He is also a member of the State Bank & Trust Board of Trustees. He devotes free time to playing golf with friends and enjoying the company of his wife and three daughters.

In a small town, he said, "You get to know your patients and their families, and you build that bond. It's more than a physician-patient relationship; it's personal. That's the way healthcare should be."

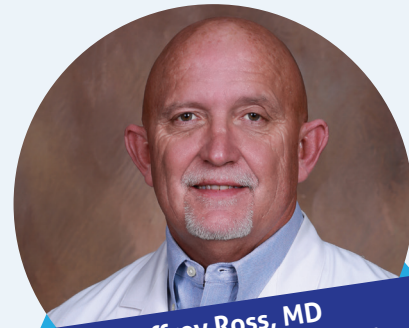


**Richard Rushing, MD,**  
Obstetrics and Gynecology  
28 years

"The practice of medicine can be all-encompassing and time-consuming, both physically and mentally," said Dr. Rushing, a board-certified gynecologist. "Make time for things that are most important: faith and family." His own family includes his wife, eight children, six daughters-in-law and three grandchildren.

He is an elder at Faith Presbyterian Church in Brookhaven and a member of the Brookhaven Academy Board of Trustees. At KDMC, he has been Chief of Staff, a member of the Board of Trustees and Chairman of various committees. He is a member of the Mississippi Perinatal Quality Collaborative and former President of the University of Mississippi Medical Alumni Association.

He advises other doctors, "Treat your patients with respect, empathy and understanding."



**Jeffrey Ross, MD**  
Chief Medical Officer and  
Director of Inpatient  
Medicine · 28 years

As Chief Medical Officer and Director of Inpatient Medicine, Dr. Ross, a board-certified anesthesiologist, acts as a liaison between the KDMC administration and the medical staff. He also provides inpatient care to critical patients and coordinates continued care and treatment with other physicians.

"One of the most important factors for enjoying your work is who you work with," he said. "Our team is fantastic across the whole organization."

Dr. Ross is involved in Advanced Cardiac Life Support (ACLS) and Pediatric Advanced Life Support (PALS). He and his wife, Susie, have three children, all of them caregivers: nurse practitioners Ben Ross and Katey Flynn, and registered nurse Harper Ross.



**Kim Sessums, MD, Obstetrics  
and Gynecology · 30 years**

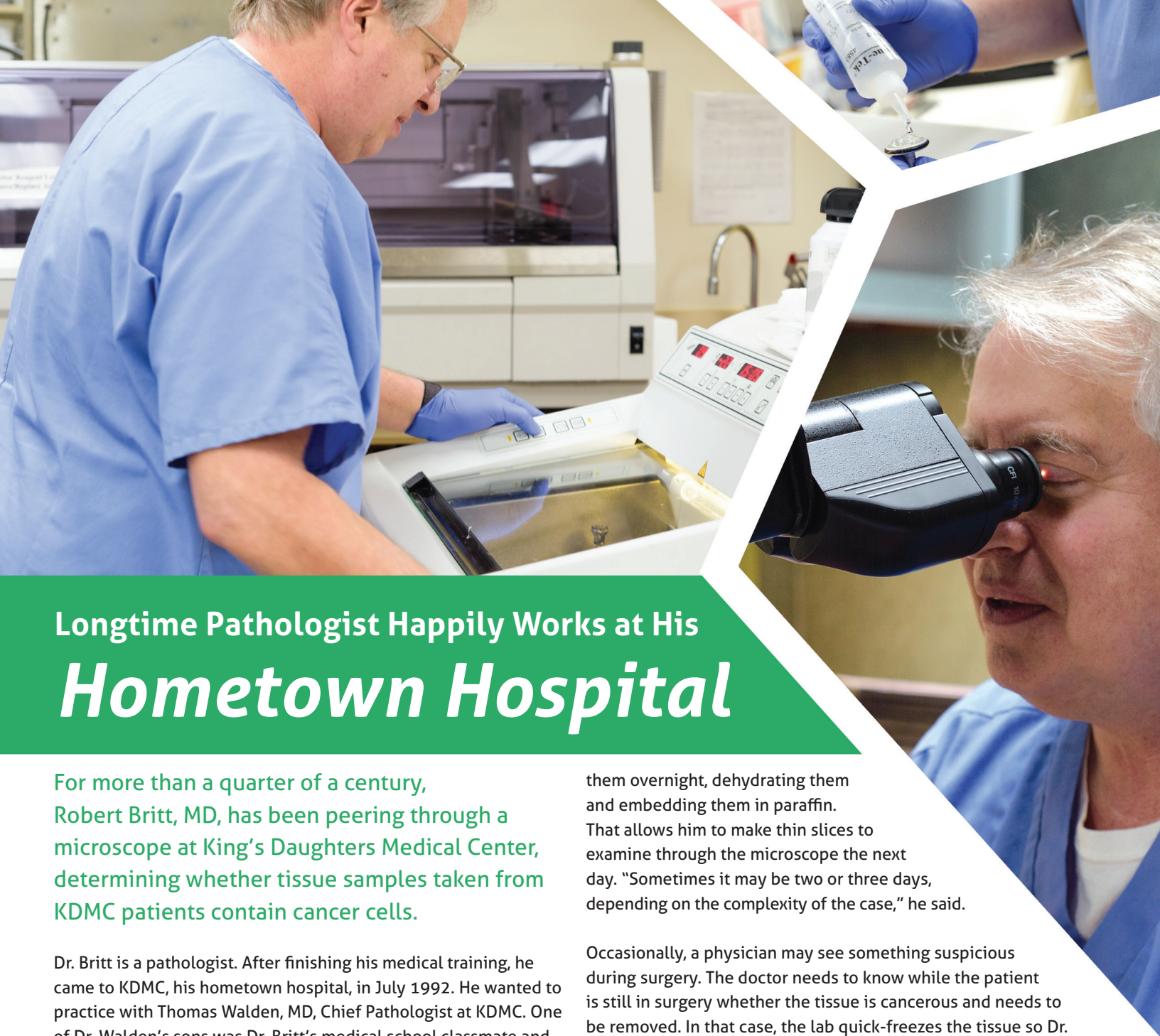
Dr. Sessums, a board-certified obstetrician and gynecologic surgeon, has a parallel career as a renowned artist. Private and corporate collections across the country hold his paintings, pastels, drawings and bronze sculptures. Several Mississippi parks and universities display his public sculptures.

He has taught art classes and workshops. He worked with the Lincoln County Public Library on its renovation and its permanent art collection. He has also worked with Brookhaven developer John Lynch in renovating and redesigning downtown historic buildings.

Through Faith Presbyterian Church, Dr. Sessums carries out ministry opportunities. He is a member of the advisory board for Trustmark National Bank in Brookhaven.

At KDMC, he is Chief of Staff-elect. He and his wife, Kristy, have four grown children. Two have entered medicine. Son Price Sessums is an orthopaedic surgery resident in Florida. Daughter Joey Sessums is a pediatric dentist at KDMC and Ole Brook Pediatric Dentistry.





## Longtime Pathologist Happily Works at His *Hometown Hospital*

For more than a quarter of a century, Robert Britt, MD, has been peering through a microscope at King's Daughters Medical Center, determining whether tissue samples taken from KDMC patients contain cancer cells.

Dr. Britt is a pathologist. After finishing his medical training, he came to KDMC, his hometown hospital, in July 1992. He wanted to practice with Thomas Walden, MD, Chief Pathologist at KDMC. One of Dr. Walden's sons was Dr. Britt's medical school classmate and a good friend.

"During medical school I just gravitated to pathology," Dr. Britt said. "Part of it was that I knew Dr. Walden and knew he'd be a good mentor. And I just seem to have an aptitude for looking through a microscope."

### Works with Surgeons

As a pathologist, Dr. Britt looks at tissue samples to see whether they are cancerous. "I have very few patient face-to-face encounters," he said. "I really work with the surgeons and other physicians."

Normally, the lab prepares tissue samples for him by processing

them overnight, dehydrating them and embedding them in paraffin. That allows him to make thin slices to examine through the microscope the next day. "Sometimes it may be two or three days, depending on the complexity of the case," he said.

Occasionally, a physician may see something suspicious during surgery. The doctor needs to know while the patient is still in surgery whether the tissue is cancerous and needs to be removed. In that case, the lab quick-freezes the tissue so Dr. Britt can slice off a thin section to examine immediately.

### New Technology

Technology has made his job easier over the years, he said. New tests allow easier identification of metastatic tumors (originating in a different part of the body from where the sample was taken), leukemia and lymphoma. But he still spends most of his time staring through an eyepiece.

It suits him well. So does working at KDMC. "I love Brookhaven," he said. "I'm a native of Brookhaven, grew up here, and I'm just happy to have had the good fortune and opportunity to come back home and serve our community."





*Supporting OUR hospital*



Jeff Richardson, KDMC Foundation Director

When **OUR** hospital was started in 1914, charitable donations were the driving force behind it. Our community stepped up then, and it continues to step up now. In 2018, our Foundation had its best year ever. Because of this, the projects we have supported and the projects that are underway are some of the most ambitious we have ever tackled. We could not do all of this without the support of the donors listed here. Whether the donation is for naming a room or for helping in a fundraiser, all are important to our mission.

So, thank you, from the KDMC Foundation, for all you do and all you will do to continue to make healthcare better in **OUR** community.

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*Supporting OUR hospital*

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Ashley Rawls  
Jamila Rawls  
Judine Redd  
Arkelia Reed  
Linda Reeves  
John Rials  
Nic Ricceri  
Jeff Richardson  
Woody Rimes  
Stephanie Rowell  
Casey Royer  
Joy Russell  
Mendy Russell  
Aaron Sanders  
Christy Sandifer  
Sheila Sartin  
Shana Sasser  
Gina Sharp  
Katie Slaton  
Tim Slay  
Rhonda Ritz Slocumb  
Carl Smith  
Carolynn Smith  
David Wayne Smith  
Elizabeth Smith  
Hannah Smith  
Johnnie Smith  
Kelly Smith  
Kimberly Smith  
Martha Smith  
Shea Smith  
Wyunta Smith-  
Williams  
Jason Snider  
Cynthia Sprague  
Jacob Spring  
Lisa Spring  
Brianna Standberry  
Chris Stanley

Sherry Stapleton  
Jasmine Sterling  
Rebecca Storey  
Anne Strehlow  
Jennifer Sullivan  
Mary Temple  
Jo Ann Thames  
Gabrielle Thomas  
Haley Thibodeaux  
Yvonne Thibodeaux  
Gabrielle Thomas  
Tina Thomas  
Tyler Thompson  
Gina Thurman  
Jan Thurman  
Lisa Tucker  
John Turnage  
Crystae Tuten  
Alexis Walker  
Lindey Wall  
Lou Ann Wall  
Wendy Watts  
Rheagan Welch  
Christy Wells  
Theresa Wells  
Haley Whatley  
Brittany White  
James White  
Lesa Whitehead  
Julie Wicker  
David Wilkerson  
Lisa Wilkerson  
Kayla Wilkinson  
Allison Williams  
Zahra Williams  
Angie Williamson  
Jenny Wilson  
Shaquita Wilson  
Felicia Womack  
Melissa Woodcock  
Jennifer Woods  
Amanda Woodson  
Natalie Ybarra





## Grilled Chicken Kebabs

**King's Daughters Medical Center Dietary Manager, Natalie Ybarra shares healthy tips and recipes.**

These grilled chicken-and-vegetable kebabs feature the flavors of sunny Tuscany.

### Ingredients

- 1 tsp. grated lemon zest
- 2 Tbsp. fresh lemon juice
- 1 tsp. dried rosemary (crushed)
- 1 tsp. dried oregano (crumbled)
- 2 tsp. olive oil
- 2 cloves fresh garlic (minced)
- 1/4 tsp. crushed red pepper flakes
- 1 lb. boneless, skinless, all visible fat discarded chicken breasts, cut into 16 cubes
- 1 medium green bell pepper, cut into 16 pieces
- 1 medium red bell pepper, cut into 16 pieces
- 1 medium yellow bell pepper, cut into 16 pieces
- 16 cherry tomatoes
- 1 red onion, cut into 16 pieces
- Nonstick cooking spray

### Directions

1. In a medium, nonmetallic bowl, stir together the lemon zest, lemon juice, rosemary, oil, garlic, oregano and red pepper flakes. Add the chicken, stirring to coat. Cover and refrigerate for at least 15 minutes. The chicken can marinate for up to 8 hours for even more flavor. Turn several times if marinating for more than 30 minutes.
2. Soak eight 8-inch wooden skewers for at least 10 minutes in cold water to keep them from charring, or use metal skewers. Preheat the grill on medium high.
3. Drain the chicken and discard the marinade. Alternately thread the chicken, bell peppers, onion and tomatoes on the skewers. Lightly spray all sides with cooking spray.
4. Grill the kebabs for 2 to 3 minutes on each side (8 to 12 minutes total), or until the chicken is no longer pink in the center and the vegetables are tender.

Recipe © 2016 American Heart Association. This recipe is brought to you by the American Heart Association's Simple Cooking with Heart® Program. For more simple, quick and affordable recipes, visit [heart.org/simplecooking](http://heart.org/simplecooking).

### 4 Servings



31 g

**Protein**  
per serving



213

**Calories**  
per serving



0.5 g

**Sat. Fat**  
per serving



16 mg

**Sodium**  
per serving



### Learn More

To learn more about the health and wellness services offered at KDMC, visit the following:

#### Weight-Loss Class

➤ [KDMC.org/TOPS](http://KDMC.org/TOPS)

#### Fitness Center

➤ [KDMC.org/FitnessCenter](http://KDMC.org/FitnessCenter)

#### Athletic Performance Center

➤ [KDMC.org/PSP](http://KDMC.org/PSP)



## Eating More Fruits and Veggies Is Easier Than You Think

You know you should eat more fruits and vegetables, right? Health experts say most people should double their consumption. Now, a national initiative has come up with some easy ways to do it.

The nonprofit Produce for Better Health Foundation has partnered with the Centers for Disease Control and Prevention on a program called Fruits & Veggies – More Matters. It aims to increase consumption of fruits and vegetables by all Americans to five to nine servings a day. Any fruit counts toward a serving, even juice.

Eating five to nine daily fruit and vegetable servings may reduce your risk of cancer, diabetes, high blood pressure, heart disease and macular degeneration. Here are some easy ways to change your eating habits for the better:

- Drink 100% fruit or vegetable juice, or slice up a quick homemade fruit cocktail for breakfast.
- Make a fruit smoothie for breakfast or a snack. Add veggies for extra nutrients.
- Enjoy a piece of fruit, a fruit salad or baby carrots instead of potato chips with a sandwich.
- For an appetizer, try vegetable soup or a garden salad with low-fat dressing.
- Stock up on dried, plain or frozen fruit (without added sauce or seasonings), canned fruit (packed in 100% juice or water) and low-sodium or no-added-sodium vegetables.
- Keep bowls of fruits and vegetables handy in the kitchen.
- Have microwaved vegetables for dinner.
- Bring pre-washed, cut fruit and vegetables to work or on shopping trips.
- At the grocery store, grab apples and carrots (or other fruits and veggies your family likes) instead of cookies and chips for snacks.
- Keep it convenient with pre-cut or individually packaged fruits and vegetables, such as raw baby carrots, bagged pre-sliced apples, fruit cups, small boxes of raisins and bagged salads.
- Choose fresh fruit prepared in a fun way for dessert

### Learn More

To learn more about the health and wellness services offered at KDMC, visit the following:

#### Weight-Loss Class

➤ [KDMC.org/TOPS](https://www.kdmcc.org/TOPS)

#### Fitness Center

➤ [KDMC.org/FitnessCenter](https://www.kdmcc.org/FitnessCenter)

#### Athletic Performance Center

➤ [KDMC.org/PSP](https://www.kdmcc.org/PSP)



# COMING UP

## Diabetes Education Classes

**When:** Tuesdays, call for class availability  
**Venue:** King's Daughters Medical Center, Education Annex  
**Address:** 427 Highway 51 N  
Brookhaven, MS 39601  
**To register:** Call 601.835.9118



## Smoking-Cessation Classes

American Cancer Society Freshstart Smoking Cessation Classes start every four weeks. This is a educational support group with class attendance.

**When:** First Tuesday of every month, 5 p.m.  
**Venue:** King's Daughters Medical Center, Community Services Building  
**Address:** 418 Highway 51 N  
Brookhaven, MS 39601  
**To register:** Call Kim Bridge, 601.835.9406

## CPR Certification Classes

These classes are for those who are being certified in CPR for the first time.

**When:** First Wednesday of every month, 6 p.m.  
**Venue:** King's Daughters Medical Center, Education Annex  
**Address:** 427 Highway 51 N  
Brookhaven, MS 39601  
**To register:** Call Kim Bridge, 601.835.9406

## CPR Recertification Classes

These classes are for those whose CPR certification has expired or is about to expire. Other CPR classes can be scheduled as needed for your business, church or civic group.

**When:** Third Wednesday of every month, 9 a.m. and 1 p.m.  
**Venue:** King's Daughters Medical Center, Education Annex  
**Address:** 427 Highway 51 N  
Brookhaven, MS 39601  
**To register:** Call Kim Bridge, 601.835.9406



## TAKE OFF POUNDS SENSIBLY

**TOPS Club Inc.** (Take Off Pounds Sensibly)

TOPS promotes successful, affordable weight management with "a hands-on pounds-off approach to weight loss®."

**When:** Tuesdays, call for class availability  
**Venue:** King's Daughters Medical Center, Education Annex  
**Address:** 427 Highway 51 N  
Brookhaven, MS 39601  
**To register:** Call Amy Case, RN, 601.835.9118

## Mommy University

Mommy University is designed to help guide moms-to-be and their partners through the birthing process step by step with a one-on-one education class and tour of the labor and delivery unit.

**When:** At your convenience  
**Venue:** King's Daughters Medical Center, Labor and Delivery Unit  
**Address:** 427 Highway 51 N  
Brookhaven, MS 39601  
**To register:** Call 601.835.9174 and tell a labor and delivery nurse you are scheduling your Mommy University appointment.



## Breastfeeding Support Group

Join other breastfeeding or pumping mothers and share breastfeeding experiences of how to get started or how to maintain breastfeeding.

**When:** First and third Tuesday every month, 11:30 a.m. and 1 p.m.  
**Venue:** King's Daughters Medical Center, Education Annex  
**Address:** 427 Highway 51 N  
Brookhaven, MS 39601  
**To register:** Call 601.835.9167  
Second and fourth Tuesday group meets at Lincoln County Library.

## KDMC Performance Center

Call for available classes and times at 601.823.5155 or visit [KDMC.org/PerformanceCenter](http://KDMC.org/PerformanceCenter)

Boot Camps • Camps • Speed/Agility Training • Strength & Conditioning • Flexibility & Mobility • Team Training • Indoor Soccer

## KDMC Fitness Center

Call for available classes and times at 601.823.5271 or visit [KDMC.org/FitnessCenter](http://KDMC.org/FitnessCenter)

Spin Classes • Sit Fit • Yoga and Pilates • Abs Class • Body Sculpt • Zumba® • Aqua Aerobics





# KING'S DAUGHTERS MEDICAL CENTER

## DISCRIMINATION IS AGAINST THE LAW

King's Daughters Medical Center and KDMC Physician Clinics, LLC, complies with applicable Federal civil rights laws and does not discriminate on the basis of race, color, national origin, age, disability, or sex. King's Daughters Medical Center and Physician Clinics, LLC, does not exclude people or treat them differently because of race, color, national origin, age, disability, or sex.

King's Daughters Medical Center and KDMC Physician Clinics, LLC, provides free aids and services to people with disabilities to communicate effectively with us and access our services, such as:

- Written and spoken information in other formats (large print, audio, accessible electronic formats, interpreters, etc)
- Handicap parking, curb cuts and ramps, elevators, etc

King's Daughters Medical Center and KDMC Physician Clinics, LLC, provides free language services to people whose primary language is not English, such as information written in other languages. If you need these services, contact King's Daughters Medical Center's Compliance Officer.

- Name: Randi Brooks
- Mailing Address: 427 Highway 51 North Brookhaven, MS 39601
- Telephone number: 601-833-6011
- Fax: 601-835-9119
- Email: rbrooks@kdmc.org

If you believe that King's Daughters Medical Center or KDMC Physician Clinics, LLC, has failed to provide these services or discriminated in another way on the basis of race, color, national origin, age, disability, or sex, you can file a grievance with King's Daughters Medical Center's Compliance Officer. You can file a grievance in person or by mail, fax, or email. If you need help filing a grievance, King's Daughters Medical Center's Compliance Officer is available to help you.

You can also file a civil rights complaint with the U.S. Department of Health and Human Services, Office for Civil Rights, electronically through the Office for Civil Rights Complaint Portal, available at <https://ocrportal.hhs.gov/ocr/portal/lobby.jsf>, or by mail or phone at: U.S. Department of Health and Human Services, 200 Independence Avenue, SW, Room 509F, HHH Building, Washington, D.C. 20201, 1-800-368-1019, 800-537-7697 (TDD).

Complaint forms are available at <http://www.hhs.gov/ocr/office/file/index.html>.

|   |   |  |  |
|---|---|--|--|
| ATTENTION: If you speak English, language assistance services, free of charge, are available to you. Call 1-800-523-1786.           | Chisamaliro: Ngati mulankhula English, chinenero ntchito thandizo kwaulere, mungapeze. Itanani 1-800-523-1786.                        | Atención: Si usted habla a Inglés, servicios de asistencia de idioma, de forma gratuita, están disponibles para usted. Llamar al 1-800-523-1786. | pansin: kung ikaw ay nagsasalita ng ingles, tulong sa wikang mga paglilingkod, libreng bayad sa, iyo na ito. tawagan . |
| Chú ý: Nếu bạn nói tiếng Anh, Dịch vụ hỗ trợ ngôn ngữ, miễn phí, có sẵn cho bạn. Gọi 1-800-523-1786.                                | تحدثت ك انت إذا: ت ن ب ي ه<br>المساعدة خدمات الإن ج ل ب ي ه,<br>لك ت توف ر مجاناً, و ب ي ه, ال لغ<br>1-800-523-1786 اس د تدعاء        | 注意: 如果你說英語, 語言援助服務, 免費的是可供您使用。調用 1-800-523-1786。   | 주의: 당신이 영어, 언어 지원 서비스를 무료로 사용할 수 있습니다 당신에 게. 1-800-523-1786를 호출 합니다.   |
| ATTENTION : Si vous parlez anglais, langue assistance, des services gratuits, sont à votre disposition. Composez le 1-800-523-1786. | સાવધાની: જો તમે ઇંગલિશ ભાષા સહાય સેવાઓ વિના મૂલ્યે, વાત, તો તમે કરવા માટે ઉપલબ્ધ છે. 1-800-523-1786 પર કોલ કરો.                       | Achtung: Wenn Sie Englisch sprechen, sind Sprache Assistance-Leistungen, unentgeltlich zur Verfügung. Rufen Sie 1-800-523-1786.                  | 注意: 英語を話す言語アシスタンス サービス、無料で、あなたに利用できます。1-800-523-1786 を呼び出します。  |
| ВНИМАНИЕ: Если вы говорите по-английски, языковой помощи, бесплатно предоставляются услуги для вас. Вызовите 1-800-523-1786.        | Attenzione: Se si parla inglese, servizi di assistenza di lingua, gratuitamente, sono a vostra disposizione. Chiamare 1-800-523-1786. | ધિઆન: જેકર તુરાનું દા અંગરેજી, ટ્રાન્સ સહાયતા સેવા, મુદ્દત ગોલ્ડ કલ, ને, તુરાડે લઈ ઉપલબ્ધ રહન. 1-800-523-1786 નું કાલ કરો.                       | ध्यान दें: यदि आप अंग्रेजी बोलने, भाषा सहायता सेवाओं, नि: शुल्क, आप के लिए उपलब्ध हैं। 1-800-523-1786 कहते हैं।        |

9/12/18





## 5 Year Service Awards

**L-R:** Sherry Smith, Jamila Rawls, Heather Phillips, Jeni Bizot, Julie Morgan  
**Back Row:** LaDarius Lyons, Debbie Berteau, Lisa Shann, Derek McKenzie, Nick Johnson



## 10 Year Service Awards

**L-R:** Theresa Wells, LaTyria Washington, LaDonna Fuller, Nicole Carr  
**Back Row:** Scott Morrison, David Poole



## 15 Year Service Awards

**L-R:** Kendra Parker, Tommie Lea, Melanie Bishop, Margaret Glass,  
**Back:** Melvin Pittman



## 20 Year Service Awards

**L-R:** Lisa Spring, Valerie Moak, Jean Campbell, SuAnn Poole  
**Back Row:** Markeata Cox, Linda Kees, Bernice Kelly, Brenda Ratliff, Debra Herring



## 25 Year Service Awards

**L-R:** Libbie Assink, Rhonda Slocumb, Cindie Chambers, Alica Warren  
**Back:** Kim Bridge



## 30 Year Service Awards

**L-R:** Carol Henderson, Larue Lambert



## 35 Year Service Awards

**L-R:** Cheryl Emfinger, Claudette Brown



## 45 Year Service Award

Pam Jenkins



## Retirees

**L-R:** Christine Simpson, Ricky Alford, Kay Alsop



## Employees of the Quarter

**L-R:** Teresa Combs, Antonio Pittman, Lori Bridges, Trey Freeny  
**Back:** Robyn Aker, KDMC Board Chairperson;  
Alvin Hoover, KDMC CEO



## Employee of the Year

**L-R:** Robyn Aker, KDMC Board Chairperson; Antonio Pittman;  
Alvin Hoover, KDMC CEO



# CHAPEL DEDICATION CEREMONY FOR KEN KIRK

Alvin Hoover, KDMC CEO, delivered the following message in August 2018 at our chapel dedication ceremony for Ken Kirk.

Ken was hand-picked by KDMC's first chaplain, Ralph Calcote, to work on a part-time basis. What Ken quickly found was that being KDMC's chaplain was a full time job, and he soon forced me to hire him full-time! He had so many folks to pray for at KDMC that he couldn't get it done on part-time hours! "Boss," he'd say, "you don't have to pay me, but I can't leave till I pray for these people."

Ken loved the Lord, he loved people, and he was loved by people. He'd walk our halls early praying for staff. Then he'd visit the surgery patients, then make his way visiting our patients throughout the rest of the hospital. He would always ask our patients if he could pray with them. If yes, he'd say a quick, heartfelt, to-the-point prayer and get out. If no, he'd get out, stop outside the door and say a quick, heartfelt prayer and move on. If someone needed him in the ER, he was available day or night.

One of my favorite stories about Ken was the time he drove to Arizona to pray for one of our employees. After a straight, 23-hour drive, he parked, found his way to their room in the hospital, visited for 10 minutes, said a quick, heartfelt, to-the-point prayer, went back to his truck and drove 23 hours straight back to Brookhaven. If one of our KDMC family had to be in the hospital, he went to where they were – Jackson, New Orleans, wherever – and prayed. Someone told me he went to every funeral of anyone who died while in our hospital.

Following the example of Christ, Ken humbled himself, taking the form of a servant, and he served us walking and talking, holding our hand, crying with us, making us laugh – sharing himself and the love of God.



L - R: Dr. Arden Kirk, son; Pam Kirk, wife; Josie Morris, granddaughter ; Kevin Kirk, son





# CARING FOR OUR COMMUNITY LIKE NO ONE ELSE CAN

You're more than a patient at KDMC. You're family, worthy of kindness, compassion and respect. Our world-class team of caregivers want you to start feeling better as soon as you walk in the door. We've dedicated ourselves to giving you our best, always.

**KDMC, caring for our community like no one else can.**



**KING'S DAUGHTERS**  
MEDICAL CENTER



427 Highway 51 North, Brookhaven, MS 39601  
601.833.6011 | [KDMC.org](http://KDMC.org) | [f](#) [t](#) [v](#) [i](#)